

Eardisley Group Newsletter Friday 10th February 2023

This Sunday 12th February 2023:

Services at:

Almeley: Morning Prayer, 10:30 am
Eardisley: Holy Communion 9:30 am
Whitney: Holy Communion 11:00 am

Readings

Genesis 1.1-2.3 Romans 8.18-25 Matthew 6.25-end

Thought for the week:

'We ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies' Romans 8.23

'The redemption of our bodies...'

It's tempting to think that our real self is the soul that we hope will survive our dying, and that the body is no more than a vehicle in which we live during our lifetime. But this is not the Biblical or orthodox Christian belief. In the resurrection of Jesus, the new creation has come into being and that we are a new creation in Christ through the work of the Holy Spirit, and that new creation includes our redeemed bodies. Human beings are psychosomatic beings, that is, the union of body and soul. Therefore we are to see ourselves in this holistic way.

But what is the practical consequence of this view. I would suggest that it gives us permission to care for ourselves and others, both as body and soul. This means that we should neither neglect nor over indulge the body, we do need to eat, to drink, to exercise and to rest. *'The redemption of our bodies...'* Redeemed, that means, 'set free', in Jesus we are being set free from that which would deny us food, drink, exercise and rest that we need, and free us also of the slavery to excess and over indulgence.

Midweek Services:

Eardisley

Monday, Morning Prayer 9:15 am

Almeley

Tuesday Morning Prayer 9:30 am

Eardisley

Wednesday, Holy Communion 9:15 am

Thursday, Friday. Morning Prayer 9:15 am

Monday Almeley warm space

An opportunity to have a friendly chat with other members of the Almeley Community, old & new.

This week, February 13th we will meet between **10 am & 1 pm** with all donations going to the Turkey Earthquake appeal. Enjoy a cup of tea or coffee and cakes, and a bowl of delicious homemade soup & bread.

Back to the usual time on Mondays, February 20th, & 27th 11am - 1pm.

No charge, but donations towards costs would be welcome

Eardisley Sacred Space, Bible study and Prayer

Tuesday, Arboyne House, **7.30 pm**

Contact Sue or Mike Hawthorne 01544 327058